

## Sample Plan For Weaning One Night Feed to None

Step	Bedtime Feed	Feed #1	Feed #2	Feed #3	Feed #4	Notes
1	6:30	1:00				Starting Feed Times
2	6:30	12:45				
3	6:30	12:30				
4	6:30	12:15				
5	6:30	12:00				
6	6:30	11:45				
7	6:30	11:30				
8	6:30	11:15				
9	6:30	11:00				
10	6:30	10:45				
11	6:30	10:30				
12	6:30	10:15				
13	6:30	10:00				
14	6:30	9:45				
15	6:30	9:30				
16	6:30	9:15				
17	6:30	9:00				
18	6:30	8:45				
19	6:30	8:30				
20	6:30	8:15				
21	6:30	8:00				
22	6:30	7:45				
23	6:30	7:30				7:30 feed optional